

RACHEL DOOGUE

Speaker, Chair and Facilitator

Liberating Great Leadership

Rachel is a passionate and inspirational speaker who delivers meaningful and thought-provoking insights that address the complex reality and everyday challenges faced by today's leaders.



Rachel as Speaker

Rachel has a unique way of imparting practical, experience-based wisdom and insights relevant to leaders with integrity and consideration.

Rachel's refreshing approach resonates with audiences, making a meaningful difference to any panel or discussion.

Rachel believes great leadership is something you find inside of yourself by being more of, not less of, yourself.

"Rachel was highly organised; she has a lovely speaking manner and she captured her audience. They found the event inspiring – with many signing up for coaching afterwards."

Máire Ní Bhróithe, Former Deputy Director, Centre for School Leadership

Speaking Topics

Themes and topics Rachel is passionate about contributing to:

- **Liberating great leadership**
- **Sustainable leadership**
- **Leadership resilience & wellness**
- **Transforming meetings in a virtual environment**
- **Leading through uncertainty, crisis and risk**
- **Engaging the 'silent majority'**
- **Transitioning from technical to organisational leader**
- **Principal and ISM development in the Irish education sector**



Rachel as Chair and Facilitator

Rachel is an exceptional conference panel chair. She has a rare ability to create inclusive, reflective and calm atmospheres where panels can comfortably participate in authentic, experiential discussions.

For Rachel, part of facilitating effective discussions is to create an encouraging and safe platform where people feel confident to share. She has an impressive capacity for helping leaders to develop and position their stories so the audience can enjoy a truly enlightening and engaging experience – hearing real stories that are practical and relevant to modern leadership challenges.

Rachel knows that helping leaders to tell their stories, acknowledge their vulnerabilities and share insights on critical moments when they became the best and most authentic leaders they could be is one of the most powerful way to inspire, reassure and inform others.

At conference and events, Rachel also facilitates workshops and breakout sessions. She helps groups to focus on complex issues, do their best thinking and find solutions to critical challenges.

“Rachel delivered an extremely meaningful and relevant workshop and her ability to ‘read the room’ is exemplary. Rachel’s approach provides for lasting benefits long into the future.”

Donncha Ó Treasaigh, Director of Schools with Limerick and Clare Education and Training Board

Rachel's Experience

“Rachel facilitated a powerful conversation with school leaders and coaches, which was practical and engaging for the audience. She exudes a quiet confidence and her passion shines through.”

Áine O Sullivan, Assistant General Secretary of Association of Community and Comprehensive Schools (ACCS)

Rachel is a well-regarded coach on the national CSL school principal and school leadership team coaching programme. On behalf of governance bodies, she facilitates leadership development workshops. She has been invited to speak and facilitate at a variety of educational conference and events, including:

- Panel Chair, ETBI Principal & Deputy National Conference, Jan 21, Theme: Leadership Wellness & Coaching
- Panel Chair, ACCS Principal & Deputy National Conference, Nov 2019, Theme: Coaching for Effective School Leadership that is Rewarding and Sustainable
- Speaker, Limerick and Clare ETB Principals & Deputies Workshop, Nov 2019, Theme: Energy Management and Resilience for School Leaders
- Speaker, ETBI Newly Appointed Principals and Deputy Conference, Sept 2019, Theme: Coaching Supporting Leadership Development
- Speaker, CEIST Principals Workshop, March 2019, Theme: Leading your Team
- Workshop Facilitator, Le Céile, National Principals Conference, Feb 2019, Theme: A Principals Experience of Coaching

About Rachel

Rachel is a leading Executive and Team Coach in the private and public sectors, civil service and across the education sector in Ireland. Her open, understated and inclusive approach enables clients to overcome discomfort and relish the challenge of achieving personal and professional growth in highly complex environments.

With over 30 years' experience, Rachel has a strong understanding of the commercial, political and cultural set up of organisations.

Clients include CEOs, Directors, Head of Functions, Technical Leaders, Assistant Secretaries, Principal Officers, Assistant Principals, School Principals and organisational and functional leadership teams.

Rachel is a member of the Association for Coaching and is a Bachelor of Commerce graduate of University College Dublin. Further qualifications/certification include: Diploma in Executive & Leadership Coaching (TCMP), Certificates in Team Coaching and Virtual Team Coaching (Team Coaching Studio) and Systemic Team Coaching (AoEC). She is also a Certified Time to Think™ Facilitator and Thinking Partner.

Get in touch to enquire about Rachel's availability as a speaker, chair or facilitator for your conference or event.

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